

The Inspirers Alumni Newsletter

2nd Edition

Jan. 2022

THE INSPIRERS ALUMNI NETWORK

LEADERSHIP WITH RESILIENCE

A JAGILS ESLM 2021 INITIATIVE

The Dawn of Inspired Leadership

Circulation in 15 countries

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Editor's Note: The Dawn Of Inspired Leadership

The turn of the century carried with it great impetus and varied changes that constantly turn the tides and wheels of all realities we had known as constants until now. It changed the course of our present and begun to chart new pathways to a future other than what we had perceived when humanity begun to embrace the technological age. This made it imperative to create networks, develop leadership traits, improve our reasoning capabilities and upgrade our creative capacities to global levels, whilst broadening our perspectives on literally everything around us if we were to survive and thrive.

In the face of all these, we are also faced with changes to sound societal norms, belief systems, morals amidst several other cultural shifts that before now were set in stone, or so we thought.

Regardless of such drastic changes in the norms in which we found comfort and identity in times past, there still remains hope of the maintenance of the foundations of normalcy that we were created with. This decision to become a beacon of inspired leadership in the midst of uncertain shifts happening globally by certain people and institutions has created new paradygms in leadership from the traditional to the present effecient, effective and relevant leadership that provides a guiding light in the midst of extensive confusion.

These kinds of leaders have chosen to remain a firm foundation for what must be whilst building the bridge between the past and the future so that the present can travel safely on to a combined destiny of a greater awareness of how we, our planet, our dreams of the future and our actions in the present affect us all.

That is the kind of leaders that the Jacobs- Abbey Global Institute for Leadership Studies works hard to raise throug its Executive Strategic Leadership Masterclass courses.
The year 2021 saw the 1st of its leadership masterclasses being launched globally with 96 students selected from about 15 countries to participate in 10 weeks of intensive leadership classes, quizzes, forums and a final project assessment program. It was extensive in leadership coverage, rich in experiential learning, empowering in the way it created networks of friendships, business, partnerships and associates, etc.

An alumni group was then created for all those who successfully graduated out of the executive strategic Leadership masterclass and an interim leadership team was set in place to cordinate between alumni and JAGILS, whilst pursuing opportunities for growth for the alumni. Within this time, preparations were already underway for the annual JAGILS Awards and Gala night, set for November 13th, 2021.
The awards night came off at the Hilton Mark Alexandria Center, Virginia and was attended by some high profile individuals and organisations as well as reps from international organisations. JAGILS instituted the 1st of its kind Humanitarian Leadership Awards to recognize leaders who fight to ensure the human rights of persons in Africa, patroned by Timothy Bowles, African Human Rights Champion. Timothy Bowles was himself honored with a lfetime achievement award by JAGILS...(more of that later in this edition). Other awards were the Nina Meyerhoff awards for outsanding leadership. The awards and gala night were quite successful and the evening was crowned with cultural and musical performances by several Ghanaian artistes.
Other activities such as the business finance class, breast cancer awareness seminar as well as the prostrate cancer awareness seminar moderated by the alumni leadership with renowed and professional resource persons speaking were also held via zoom. Other opportunities for alumni professional development were also extensively shared by the faculty and alumni leadership.

A new program launched by the international relations department recently is the Human Rights Education Cohort Program in collaboration NOVISI ELKARTEA with sponsorship from the Department of Victims and Human Rights of the Basque Government, Spain.
These amongst several professional and life enriching opportunities are what makes the JAGILS-ESLM very special and authentique. Join us this year for the next tranche of the ESLM to commence on the 22nd of February, 2022.Stay tuned for more...



Inspireded to lead,
Sharon Y. Tetteh
Editor-in-Chief



Event of the year: JAGILS Awards & Gala Night

In the history of mankind, rare men of great integrity and service are often celebrated a little too rarely. However, it is their incessant sacrifices to better humankind that separates them from ordinary men and makes them worthy of honor and recognition amongst their peers.
The Jacobs-Abbey Global Institute for Leadership Studies recognizes and associates with these rare ornaments of divine benevolence doled out to humanity and seeks to recognize their great works and selfless sacrifices each year at their annual awards and gala night and the year 2021 was no different. However, there was a very special feature at the 2021 awards event, the introduction of the Timothy Bowles African Human Rights Awards.

This special awards was instituted to bestow upon the most distinguished individuals who have demonstrated a commitment to excellence in their career and exemplary leadership within their communities and country in promoting global Human Rights. Six outstanding individuals were chosen from across Africa to receive this meritorious award in 2021, namely Bishop Dr. Charles Hackman, Executive Director I Here for Perfection (H4P) Organization, Dr. Adaeze (Ada) Juni Okika, Executive Director I Center for SDG Global Education USA, Hon. Francis-Xavier Kojo Sosu, Legislator, a Human Rights Lawyer and Member of Parliament in Ghana, Amb. (Dr.) Regina Inem, Executive Director I REGAMOS Foundation and Prof (Dr.) Jared Onyari, Chairman, Board of Trustees I JAGILS.

There was yet another very special feature that set the tone for the entire event and also the new year at JAGILS. This was the JAGILS Life time Achievement Awards and this year's recipient was none other than Timothy Bowles Himself, African Human rights activist and champion. Mr. Timothy Bowles is a California based Constitutional, and Civil Rights Lawyer who has dedicated the past 15 years of his life doing human rights work in Sub-Saharan Africa. Tim Bowles has practiced constitutional and civil rights law for over 40 years. A graduate of the University of California Berkeley (1971) and University of California Davis School of Law (1977), Tim started his career as attorney in 1978 for the newly formed Delphian Foundation, an educational organization headquartered in the northwestern United States. "Delphi" has since grown to establish ability-based schools and innovative K-12th grade curriculum distributed and utilized throughout the world. Tim has also helped to establish several social service groups that continue to expand and bring improved conditions in important sectors such as Narconon International, a leading drug rehabilitation organization, and Applied Scholastics International, fighting illiteracy worldwide. Tim worked in Ghana, West Africa as a volunteer for Youth for Human Rights International, an Organization dedicated to teaching young people their human rights as embodied in the 1948 Universal Declaration of Human Rights (UDHR) of the United Nations.With a core of dedicated young West African men and women including Liberian Joseph Yarsiah and Ghanaian Samuel Jacobs Abbey, Tim developed the African Human Rights Leadership Campaign. Born out of the unimaginable inhumanity of Africa's 21st Century killing fields, the Campaign has placed hundreds of Liberians, Sierra Leonean, Ghanaian and other African youth at the forefront of the voices demanding and creating another future altogether, one actually worth living. This amongst others well executed human rights related activities has propelled Tim to a human rights activist champion and it was only as a matter of course that JAGILS would recognize his far reaching impact across Africa and honor him with the African Human Rights Awards.

OTHER AWARDS

The Nina Meyerhoff awards also continued unabated at the 2021 JAGILS Awards and saw Stephen Selasie Asuo, General Manager | YALI TV, Joelene Anom Clottey, Founder | Perfect Relief Foundation, Nana Yaw Osei-Darkwa, Founder and Convener I The Green Republic Project, Dr. Adama Kalokoh, Executive Director I Impact Sierra Leone, Collins Damptey Asumadu, Executive Director I Gold Legacy Media House, and Dr. Susan O. Koduah, Executive Director I Susan O. Koduah Organization.

The JAGILS' citation of honor was awarded to: Professor Edward Atuahene, Accounting Professor and Jagils Faculty, Professor Prince K Mensah, Arbitrator and Jagils Faculty, Ama Bortsie, President Inspirers Alumni Network of Jagils, Naa Kordee Jacobs-Abbey, Jagils Director of Operation. Dr. Chibunna E Nwaobia, Jagils Director of Programs and Maxwell Donkor, Jagils Director of Technology respectively.

Event of the year: JAGILS Awards Reel



The night was made even more memorable with speeches from The executive Director of JAGILS, Dr. Samuel Jacobs-Abbey, Dr. Nina Meyerhoff, CEO Children of the Earth and Mr. Timothy Bowles.

In his opening remarks, Dr. Samuel Jacobs-Abbey noted that, "IOne way to ensure leaders are making the most progress possible on their journey to success is by holding themselves to a higher standard". He further said that as leaders, "people you surround yourself with have a huge impact on your life. Having motivated people around you will influence you to be productive and act. Everyone has a few friends that slack off at times and are good to have around when things become too stressful. However, it is important to view yourself on a different level." Dr. Jacobs-Abbey flanked by his lovely wife Naa Kordee Jacobs-Abbey concluded his opening remarks by sharing the annual report of the Institute and presented the 2021 Executive Strategic Leadership Masterclass graduates and charge them with a mandate that "Holding yourself to a higher standard means you are accepting the fact that you cannot be influenced by people with no direction in their lives...Normal should not be good enough for you. Expect excellence and believe in yourself. Look to motivate others, lead by example, and never look to stop writing the stories that is your life.

Dr. Nina Meyerhoff in her key note address also mentioned that, "said she is grateful that Dr. Jacobs-Abbey considers her as the most influential person in his life. She has spent her life committed to peace belives that if we work together we can make behavioral changes for a better world for ourselves our children and our children's children."I understand that this wonderful meeting is filled with individuals who care that we are celebrating the emergence of relevant leadership. *Mrs. Ama Bortsie, President of the Inspirers Alumni Network of the Jacobs-Abbey Global Institute for Leadership Studies* presented the alumnus report at the annual fundraising gala. She also made mention of other professional development events undertaken.

Event of the year: AWARDEE FEATURE





Bishop Dr Charles C. Hackman

(C.E.O Here for Perfection Organization)

The Jacobs-Abbey Global Institute for Leadership Studies awarded Bishop Dr Charles C. Hackman with the 2021 Timothy Bowles African Human Rights Leadership Award in recognition of his great work in the disability community of Ghana as part of the JAGILS Awards & Gala event.

For over 11 years, the Founder and Executive Director of the Here for Perfection organization (H4P), Bishop Dr Charles C. Hackman, has been advocating for the human rights of Persons with Disability (PWDs) in Ghana. The Bishop's passion to support persons with disability is unmatched as many disability organizations throughout Ghana have benefited greatly from his advocacy and benevolence. For over 11 years, the Founder and Executive Director of the Here for Perfection organization (H4P), Bishop Dr Charles C. Hackman, has been advocating for the human rights of Persons with Disability (PWDs) in Ghana.

The Bishop's passion to support persons with disability is unmatched As many disability organizations throughout Ghana have benefited greatly from his advocacy and benevolence.

Through the H4P Organization based in Ghana, Dr Hackman has embarked on many projects under the Helping Hand Community Projects to support persons with disabilities.

He has provided economic empowerment, educational needs, logistics, medical care and specialised attention for many persons with disabilities and their families. His media advocacy, through the Helping Hand TV Show, has for almost a decade continued to share the success stories of PWDs as well as deal with erroneous misconceptions and ideologies about disability.

The TV show also provides the platform for stakeholders of the disability community to make their voices heard, share their challenges and provide the general populace with relevant education about disability matters.

According to the Bishop, his dream is to see a world where the barriers, limitations and setbacks of the vulnerable in society especially PWDs are eradicated; a world where persons with disability have a level playground to function at their full potential and contribute significantly towards national development.

Dr Hackman's great contribution to the lives of persons with disability in the country earned him the humanitarian category award at the Ghana Leadership Awards in October, 2020.

Also in July this year, at the Hyatt Regency Creek Heights in Dubai, he received Africa's Most Respected CEO's Award in the Industrial Chemical Manufacturing Category for his great business leadership and success as well as for using the resources generated from his business, DV Unlimited Co. Ltd., to fund his disability advocacy.

The Timothy Bowles African Human Rights Award is bestowed upon only the most distinguished individuals who have demonstrated a commitment to excellence in their career and exemplary leadership within their communities in promoting global human rights.

Unique Feature: A Partner Worth Working With

Not many people know the true value of people, situations, environments or things even if they know its price; says a very wise Old man. It is so with the most precious people and things in life. And more often than not, this lack of value for what is truly valuable is what deprives most humans of the ability to transcend their selfish selves and motives and become better people who are equal to the mandate for humanity to be as its creator.

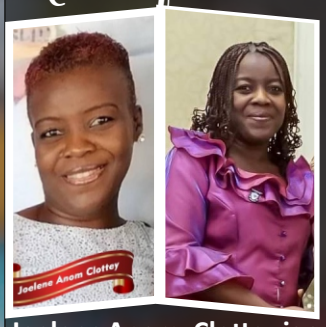
At the Jacobs-Abbey Global Institute for Leadership Studies, we have a rare gem who supercedes any price you can put on her because her value is far above rubies and precious gems, Mrs. Naa Kordie Jacobs-Abbey. A quintensecce of graciousness and big heartedness, this solid but silent partenr has over the years supported the hard work of her hardworking husband, human rights and African leadership champion, Dr. Jacobs-Abbey. A rare and special jewel, Mrs Jacobs-Abbey has over the years proven that true value is in what you do to impact the lives of others who may never be able to pay you back and not just what you say. She is the Director of Operations at the Jacobs Abbey Global Institute of Leadership studies. She holds several degrees in acturial science, statistics and accounting.



Mrs. Naa Kordee Jacobs-Abbey
(Director of Operations, JAGILS)

Naa Kordee Jacobs-Abbey is a highly skilled and results-oriented professional with solid academic credentials and an extensive experience in intelligence and special operations management. She possesses a proven track record in consistently and effectively delivering services services that enhance the company's purpose and profitability. NaaKordee Jacobs-Abbey obtained her Bachelor's degree in Accounting, Banking and Money from East London University in the United Kingdom and then worked as a Banker for Wachovia Bank, Chevy Chase Bank, PNC Bank, Fort Belvoir Federal Credit Union, Fairfax County. She further obtained a Master's degree in Accounting and Financial Management from Stratford University.

Alumni feature:



Joelene Anom-Clottey
(CEO,
Perfect Relief Foundation)

Joelene Anom- Clottey is a proud Recipient of the Nina Meyerhoff Award for outstanding Leadership at the recent JAGILS Awards Night, held on the 13th of Nov, 2021 and a celebrated Alumni of the JAGILS ESLM program. She holds a masters degree in Mass Communication from the Wisconcin University, USA and a bachelors degree in Business Administration from the University of Bedfordshire, UK. She is the executive director of Perfect Relief Foundation. Perfect Relief Foundation International is a non-profit, working in the field of human rights for widows and orphans. It is a Christian organization committed to helping and serving without discrimination based on religion, gender, race, and other aspects of an individual's background. Perfect Relief Foundation aims to support the international campaign to end the harmful cultural practices that ignore the human right of needy widows and orphans, often leading to their dire poverty and social exclusion. The foundation raises awareness and brings understanding regarding discrimination and violence encountered by needy widows and orphans especially in Ghana. The foundations fights passionately and continues to advocate for widows' rights to be integrated into the human rights agendas of national and international agencies across the world. The foundation uses counseling, healthcare, advocacy and capacity building, as a fundamental tools to achieve their aim.

The foundation since its inception supports its activities through its own internal fund-raising activities as well as from the support of few philanthropists. As part of their contribution to needy orphans, the foundation works with other partners to raise funds to provide basic needs for them every school term, fondly dubbed "The Back to School Project". This year the "back to school project drive" will be coming off on the 28th of January and the foundation seeks the support of all and sundry to help make the drive successful. Learn more about Perfect Relief Foundation and donate to their cause by contacting them on+233248-421-357, perfectrelieffoundation@gmail.com.







Alumni Group Activity: The Inspirers Readers Club

In a world of ever changing principles and values, broadening demands on resources, globalization of the world, exchanges on every level is happening whether covertly or openly and relevant knowledge of this growing world is very necessary. One of such ways to keep abreast with the times and the actual mechanisms and machineries driving these changes behind the scenes is via the acquisition and exchange of knowledge. This was one of the reasons behind the setting up of the readers club for the Inspirers ' alumni.

The Inspirers' readers club is a mixture of present students, past students, and potential students of the Jagils University. The club aims at empowering everyone and inspiring leaders to use learning as a catalyst for change. The reading and learning is meant to be transformative, not overwhelming. Reading and learning is also meant to be fun not a chore. Members of the club show commitment by reading each book: the assigned chapters for the week; do the assignment given based on the chapters read; attend most of the zoom calls; engage with group members, and be generally appropriate... nice and funny are a bonus.

The club was commissioned during the last quarter of the year 2021. Members of the club have read four powerful books. The book, "Why Great Men Fall" written by Wayde Goodall was chosen for the month of September. The book gives insights to the specific decisions, choices and errors many leaders of the Bible and contemporary history have made which led to their demise; and at the same time, Goodall provides practical steps that up and coming leaders should take in order to finish well. Among his many great ideas, the issue of entitlement, the necessity for integrity, accepting accountability and the importance of solid ethics stand out as the most helpful insights from this book.

The second book for the month of October was "Life Without Limits" by Nick Vujicic. Born without arms or legs, Nick Vujicic overcame his disabilities to live an independent, rich, fulfilling, and "ridiculously good" life while serving as a role model for anyone seeking true happiness. Now an internationally successful motivational speaker, Nick eagerly spreads his message: the most important goal is to find your life's purpose and to never give up, despite whatever difficulties or seemingly impossible odds stand in your way. Nick tells the story of his physical disabilities and the emotional battles he endured while learning to deal with them as a child, teen, and young adult. "For the longest, loneliest time, I wondered if there was anyone on earth like me, and whether there was any purpose to my life other than pain and humiliation."

Nick shares how his faith in God has been his major source of strength, and he explains that once he found a sense of purpose-inspiring others to better their lives and the world around them—he found the confidence to build a rewarding and productive life without limits. Let Nick inspire you to start living your own life without limits. Nick offers practical advice for realizing a life of fulfillment and happiness by building trust in others, developing supportive relationships, and gaining strength for the journey. He encourages the reader by showing how he learned to accept what he could not control and focus instead on what he could.

Next in the month of November was "The Power of Positive Thinking" by Norman Vincent Peale. The book is a practical guide to mastering the problems of everyday living. The book portrays the positivity of mind in depth and condemns the idea of positivity being associated with fame, wealth, and power. As portrayed in the book, there is no problem or obstacle you can't overcome with faith, positive thinking, and prayer. This self-help classic outlines the practical techniques of applied Christianity to help you take control of the events in your life rather than be directed by them. As a result of this Peale says you can enjoy better relationships, a greater sense of well-being, robust health and energy, and a stronger sense of purpose in the world. Peale's ideas fall into three categories: Faith (underlying beliefs); Positive Thinking (mindset); and Practices (good habits and practical techniques). Finally, "The Secret of Leaders" written by John Baldoni was the book read during the last month of the year. The book portrays how the world's most successful leaders inspire their people to get things done. The book further explores the leadership styles of many of the world's most influential leaders and extracts powerful lessons that managers can put to work in their organizations. Drawing upon his years of experience as a leadership consultant, visionary, and coach, John Baldoni, reveals the motivational techniques of Sam Walton, Mary Kay Ash, Ronald Reagan, Colleen Barrett, Col. David Hackworth, Earvin "Magic" Johnson, and other influential leaders. Distills the proven motivational techniques of great leaders into core strategies and step-by-step solutions explains ways for managers to use these techniques in everyday situations.

Why not join the Inspirers Readers Club as we explore more powerful and interesting books in the year 2022. You also get an opportunity of interacting with like-minded personalities and have fun.

Article: Barikisu Suleiman

Girl Child empowerment: Keeping Girls In School

The changing landscape of the human rights of the girl child to education, basic care and hygeine, etc has brought about various levels of empowerment to girls especially in rural Ghana and most of Africa. There still remains various aspects that need to be improved upon but things are better now than they were a decade ago. One such area that remains to be tackled adequately is in the area of adequate materials to enable better personal care during their monthly cycle.

It is a truism that, for women and girls worldwide, menstruation is a monthly reality. Yet in many countries, females still face serious challenges when it comes to managing their periods.

Myths, stigma and harmful gender norms around menstruation exacerbate the difficulties for some girls and women across the world.

The taboos, myths and shame surrounding menstruation can lead to teasing, shaming and exclusion from daily activities and have a negative effect on girls' feelings of dignity. Menstruation can affect all aspect of girls lives including –girls missing schools days during their menstrual periods due to lack of facilities and materials or supplies, missing socio-economic and other livelihood opportunities as women and girls may miss work if don't have access to supplies and facilities they need.

Furthermore, it is realized that the use of improved and healthy menstrual supplies could lead to less infections, and in the long run promote dignity.

Most girls and young ladies suffer from the discomfort of menstruation, which can affect their participation in public activities. Girls may be distracted from or be less productive during their periods due to pain and lack of management skills and fear of tear or leaks of menstruation.

Since 2020 to date , civil society organizations- including Women in Livelihoods Development in collaboration with Girls Education Unit of the Ghana Education Service has capacitated young women and girls in selected deprived school communities in the Wenchi area on female related issues as well as right to education.

On the advocacy scale, the international days of the girl child and global hand washing days were used to sensitize and educate the girls and The general public on rights of the girl, relevance of the keeping sanitation principles, provision of personnel protection equipment's in the wake of covid19

However, other challenge on girls education in the districts is how menstrual health or general famine hygiene has an impact on school drop outs, low domestic responsivity inputs and low academic performance and dignity within the context of the pandemic era.

The issues surrounding menstruation can affect some school girls so much that if not properly managed, through sensitization and education it can interrupt daily life and engender the continuously widening gender gap in participation in schools activities as well as limit participation on decision making platforms.

For instance, adolescent girls especially can experience extremely painful periods which can affect their attendance and performance at school. A lack of adequate facilities and materials, restrictions on girls' movements during their period and feeling ashamed or 'unclean' also contribute to girls skipping school as well as participation of women in programs that can affect their lives.

It is therefore seen as critical to address these challenges through empowerment of girls on menstrual hygiene – dubbed.

At the outset of the covid-19 pandemic, it became even more pressing to educate mre girls at pubert even more extensively because the avenue of school was on hold. As a result, the -ambassadors for girls rights in the wake of covid19 pandemic was instituted . This was meant as a call to action to all development partners to continue to pursue the rights of girls in this area inspite of the pandemic. We believe that if we are to make continued impact, then 2022 year and beyond should remain focused on making all the needed resources available in meeting such mensural challenges to make our girls school communities safe sound for holistic educational development of the girl at all levels .

Article: Esther Oforiwah



Creating a Better World: Educating The Girl Child

Education is a fundamental human right and a matter of justice. Although the education of the girl child is key to tacklig our most pressing global needs, education of the girl-child has become an integrated complex set of issues and debates surrounding the primary, secondary, tertiary and health education in particular for girls and women.

Denying the girl child access to education implies making her a dysfunctional member of the society. The girl child is never a second class citizen but an equal gender with their male counterparts and hence entitled to equal opportunities the world has to offer.
With access to education, the girl child and women can do amazing things: launch climate-smart businesses, become health workers, run schools, lead governments, make decisions that affect the world and make it better for everyone.

In sub-saharan Africa 32.6 million girls of primary and lower secondary school age are out of school. This number rises to 52 million when taking into account girls of upper secondary school (UNESCO/IUS 2019), with millions more at risk as a result of the covid-19 pandemic. When families lack the income for food, transport, school fees, uniforms and essentials like sanitary pads, etc, girls are the first to be failed by the system, facing the perils of early marriage, early pregnancy and abuse. Without the choice to write their own futures, their endless potential is wasted. Investing in girls' education and young women's leadership is a proven way of improving the health and wealth of entire nations.

Quality training of the girl child connotes the training of a nation. Hence, the importance of educating the girl child can never be over emphasized.

Why is the girl child education important?
Qualitative education given to the girl child is foundation for gender equity and social justice. It also leads to healthier communities and nations, reducing maternal and infant mortality and malnutrition, stunting, HIV/AIDS, malaria and other diseases.
It further reduces child marriage and gender based violence. This unlocks women's leadership for policy change that benefits everyone.
Educating the girl child drives economic development, leading to higher productivity and income, tackling youth un-employment and instability. It continues to produce educated mothers who in turn will educate their children, care and also provide for them. The girl child education equips her preparedness to face societal issues, challenges and realities. It also teaches her to be a good wife, mother and mentor.

What are the likely problems with girl child educatio
These include but also not limited to the followings;
-Gender discrimination as obtained in some countries around the globe. They are exposed both inside their homes, outside their communities and internationally too to this challenge.
-poverty is another strong contending factor like discrimination around the world. It rubs them of their dignity, pride and self-esteem. It exposes them to de-meaning tempting vices that erodes their cultural, social, biological, moral, educational and economic values due to the presence of this imbalance in equation of life.
- Distance from home to educational facilities in town, toilet facilities in schools etc.
- Trafficking of female gender involves all forms of forceful introduction of the female gender to sexual exploits and rape of their innocence by criminals for their selfish economic gain at the expense of quality life these girl children are denied. This is an international crime that transcends borders across the globe and is still in existence till tomorrow.

It is therefore imperative that we join hands together to promote equal opportunities for the girl child for her to maximize her potentials in any given space.

During the past decade, he African Union and the Global Partnership for Education collaborate in strategic advocacy on education including the AU end Child Marriage Campaign, first ever High Level Heads of State Dialogue on Financing Education in Africa, promoting pre-primary education at the Tokyo International Conference on African development, and youth blog series, "Recognizing Young Education Innovators in Africa". AU-CIEFFA, GPE and UNGEI have also collaborated on making education systems gender responsive through Gender Responsive Education Sector Planning Regional Workshops. Let us remember that the girl child is not a second class citizen and hence has the right to equal opportunities.

Article: Francis Tanimowo

Mental Health: Integration of Mental Health Into Primary Health-care

Access to mental health service in Ghana is very meagre among the youthful population, leaving a very large treatment gap. Mental health services are provided in three large psychiatric hospitals and in smaller psychiatric units in five regional hospitals providing services on a relatively small scale. Each has at least one psychiatrist, with services consisting of inpatient and outpatient departments.
The psychiatric hospitals and community psychiatric nurses provide the majority of psychiatric services in the country. The level of knowledge and standard of care offered to people with mental disorders by general practitioners and primary care services is generally poor. Most general practitioners avoid seeing people with psychiatric problems, preferring to refer them to the few mental health care providers.
A major contributing factor to this low access is 'the fragmented mental health service delivery system and poor integration of mental health into primary health care system, and, beliefs, stigma and Lack of community support
There are few non-health-oriented services, though a small number of community-based rehabilitation interact with nurses to provide a more comprehensive model of care for young people. A few nongovernmental organizations (NGOs) provide community-based services, especially for substance abuse and people with mental disorders.
Given this lack of services, particularly in more rural areas, it is not surprising that there is a large treatment gap especially among youth
With over 10% of Ghanaians living with mental health disorders, representing over 3.1million of Ghana's total population, more than 50% are in their youthful ages.
Progressive change in mental health services cannot happen in a vacuum and is dependent on the existing health infrastructure, particularly if there is a commitment to investing in sustainable change through integration in mainstream structures. Comprehensive mental health services must provide access to biological, psychological, and social interventions (or facilitate access to such services for those who need them).

All stakeholders need to identify and engage mental health groups and key are youth leaders to sensitize and create awareness among the general public on mental health issues and advocate for the integration of mental health services into primary health care.
The youth who are major driving force in development to enhance better recognition and treatment of mental health disorders in the various hospitals. Mental health groups to be identified and given capacity development training on the legal frameworks and provisions that protect persons with mental health disorders to champion the advocacy process. Stakeholders are expected to engage on policy reforms to facilitate the integration of mental health into mainstream primary health care.
Again youth leaders should be trained to be abreast themselves with mental health issues to lead sensitization and awareness creation among the public. This will effect enhance the public's understanding and perception of mental health. Many community members stigmatize and reject persons with mental health disorders out of ignorance. Countering such ignorance with education through mass media and other possible avenues will alleviate the bad treatment and attitudes people metes out to persons with mental health. It is obvious that people with mental health disorders require a lot of care and support to be able to cope in the society. The more we ignore them, the more their problems get complicated.
In general, health surveillance is strongest in child and maternal health services that have been a focus of government health efforts, largely driven by the sustainable Development Goals.
Within mental health work, awareness-raising activities have been a part in some comprehensive programs. In general, though, the capacity to identify people in need early to reduce unnecessary morbidity has been poor, and duration of untreated illness is usually very long, with patients presenting to services very late. Knowledge about mental ill health among first-line clinicians is poor, and referral routes unclear or non-existent outside of major cities.
Access to good health care is an important first step toward inclusion in community life, and acceptance into social structures. The human rights messages in the awareness activities will reinforce this, with direct messages about social inclusion and reintegration after people have experienced discrimination while unwell

For the universal Health for All to succeed , mental Health inclusive agenda is a key . Call on all stakeholders to help improve access to healthcare by young people with mental health issues in the community. The media and community sensitization programs will enlighten peoples' understanding on mental health and consequently embrace family and friends who may be suffering from mental health disorders on with leaving no one behind concept approach .

Article: Mr Christopher Dapaah



Human Rights: Fundamental Human Rights

While belief in the sanctity of human life has ancient precedents in many religions of the world, the foundations of modern human rights began during the era of renaissance humanism the early modern period. The European wars of religion and the civil wars of seventeenth-century Kingdom of England gave rise to the philosophy of liberalism and belief in natural rights became a central concern of European intellectual culture during the eighteenth-century "Age of Enlightenment" . Ideas of natural rights, which had a basis in natural law , lay at the core of the American and French Revolutions which occurred toward the end of that century, but the idea of human rights came about later. Democratic evolution through the nineteenth century paved the way for the advent of universal suffrage in the twentieth century. Two world wars led to the creation of the Universal Declaration of Human Rights.

Human Rights are standards that recognize, and protect the dignity of all Human Beings in any Country of the world. Human Rights govern how individuals, human beings, live in any Society, and, with each other, as well as their relationship with the State, and the obligations that the States have towards them (UNICEF 2015).

The post-war era saw movements arising from specific groups experiencing a shortfall in their rights, such as feminism and the civil rights of African Americans . The human rights movements of members of the Soviet bloc emerged in the 1970s along with workers' rights movements in the West. The movements quickly jelled as social activism and political rhetoric in many nations put human rights high on the world agenda. By the 21st century, historian Samuel Moyn has argued, the human rights movement expanded beyond its original anti-totalitarianism to include numerous causes involving humanitarianism and social and economic development in the developing world.

The history of human rights has been complex. Many established rights for instance would be replaced by other systems which deviate from their original western design. Stable institutions may be uprooted such as in cases of conflict such as war and terrorism or a change in culture.

Human Rights law gives the rule that the government of any Nation, need to protect, respect, and, enforce these rights within its jurisdiction. It also, prevents, both the citizens, and Government to abuse these rights as stated. The Universal Declaration of Human Rights (UDHR) is a milestone document in the history of human rights. This is a landmark Document drafted in 1948 by representatives of different legal, and cultural backgrounds from all regions of the world, which stipulated, and, specified the common standard by which peoples and nations must operate from, and abide by. It sets out, for the first time, fundamental human rights to be universally protected and it has been translated into over 500 languages. The UDHR is widely recognized as having inspired, and paved the way for, the adoption of more than seventy human rights treaties, applied today on a permanent basis at global and regional levels (all containing references to it in their preambles). The document stipulated the Fundamental Human Rights (FHR), to be protected universally.

<u>SOME BASIC CONCEPTS OF HUMAN RIGHTS.</u>

1) Universality & individuality of Human Rights: HR are universal and no one can easily give them up.
2) Indivisibility: HR are inherent in the human being & ensures the dignity of human person.
3) Interdependent o& Interrelated: The rights are more often depends on one another, either, wholly or in part.
4) Equality & Non-discrimination: All human beings are equal, irrespective of race, colour, sex, religion, status, language etc. everyone is to be treated as being equal.

It is instructive to note here that, the United Nations (UN) marks the Human Rights (HR) day on the 10th of December of every year.

Some basic human rights are as follows but not limited to

1. Rights to Life
2. Right to Liberty (Freedom of movement & Association)
3. Right to Personal safety
4. Right to Privacy .
5. Right to health
6. Right to fair hearing
7. Right to own property.

However, the enforcement, practice, and, protection of these Human Rights, vary from Countries to Countries.

Most times, the degree of protection, and implementation of these rights by any Nation, determines how democratic, and peaceful these Countries are rated by the United Nations and its allies. A country known for regular and indiscriminate abuse of these rights are rated poorly, and low democratically in the comity of Nations. This rating can also affect Economic, Political, and Educational support/relationship such poorly rated Countries can enjoy amongst other Nations of the world.

So, the question is: What is the degree of adherence to Fundamental Human Rights (FHR), principles by the Government of your Country? How democratic is your Country looking through the Lens of FHR?

Article: Rev. Adebola Nuga

The Alumni Newsletter
2nd Edition
Jan. 2022

ESLM Corner: Alumni Programs & Events

There's never a dull moment at the Jacobs Abbey Global Institute for Leadership Studies and since its inception, the alumni network leadership of the JAGILS ESLM 2021 Program has sought to bring professional upgrades as well as health awareness programs to its membership. Before the end of December, three major programs were announced and effectively implemented. They were:

1. Strategic Financial Management for Managers: this was held in September to enable leaders in manegerial roles to better understand the role finance played in the growth of their businesses. Pofessor Edward Atuahene was gracious enough to cover this topic extensively to the benefit of all participants. It was held via zoom and non-alumni participants were also able to participate and be trained accordingly.



2. October Pink It Out: Breast Cancer Awareness—October is dedicated worldwide as breast cancer awareness month. Inspirers took the opportunity to host an event on Breast Cancer Risk Reduction Options. Alumni, Dr. Grace Buckman moderated the event, and Dr. Susan Koduah gave an amazing presentation on the topic.



3. Men's Sexual Health seminar on Prostrate Cancer awareness, was held in November. Tools for early detection, prevention, and early intervention were discussed by well renowed physician, Dr. Denise Asafu-Adjei, Male Reproductive Medicine Loyola Hospital with participants. There were opportunities for interaction which saw participants ask pressing questions and receive suitable answers that allayed their fears concerning the feared condition.



Other announcements

Human rights program: The Spanish government, Investing in Youth, in collaboration with JAGILS is proud to bring a 4 week extensive and intensive program on Human rights to ESLM alumni and new students from Jan 8-29th, 2022. The program promises to be impactful and exciting with participants from about 30 countries globally and an incredible faculty of trained human rights experts.

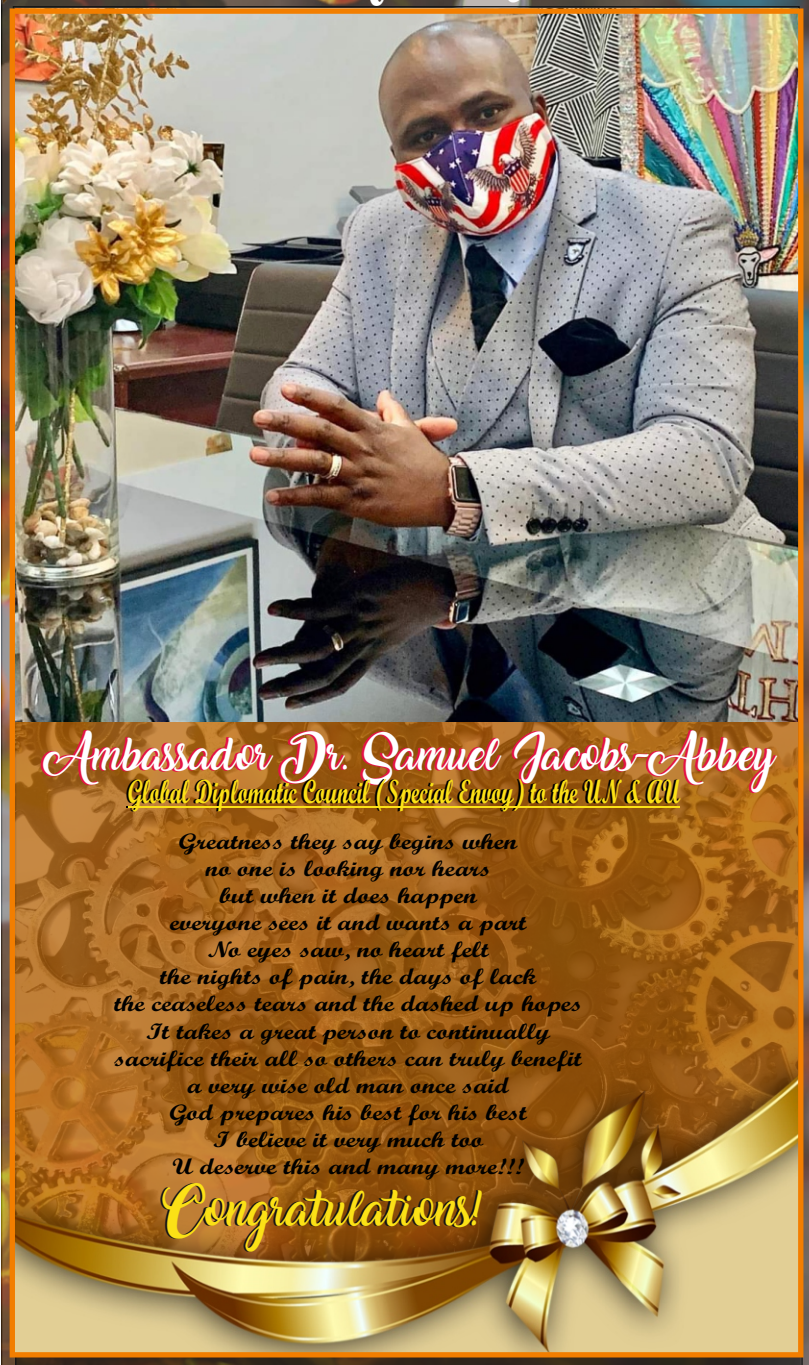


The next exciting edition of the ESLM, the first of its editions for the year 2022 begins in February. This edition focuses on "Persuasive and Tactical Leadership" and will cover a 10 week period. With Sponsorship covering a whooping 85% of tuition and other expenses, participants are positioned to benefit greatly from the program. Tell a friend to tell a friend not to miss this grand Opportunity to enrich your leadership.



Leader of the year: A Leader Amongst Leaders





Dr. Samuel Jacobs-Abbey has been appointed as Global Diplomatic Council special envoy to the United Nations and African Union. Prior to his appointment, Ambassador Jacobs-Abbey serves as the Executive Director of Jacobs-Abbey Global Institute for Leadership Studies. He previously served as Director of International Center for Conflict and Human Rights and Programs Director for Sub Saharan Africa for Youth for Human Rights International.

His passion for gender equality and the protection of children has been evident throughout his career, especially in his contribution to the passage of Domestic Violence Acts and the Global Public Health Diplomacy and strategic Leadersh Human Trafficking Act, as well as ratification of related conventions at the level of the African Union and the United Nations.
Dr. Samuel Jacobs-Abbey is revered for his leadership In addition to his diplomatic service, Dr. Samuel Jacobs-Abbey has had a long career in international development.

He has served as a consultant for Youth for Human Rights International, UNICEF, UNESCO, UNDP, UNV, Children of the Earth. He was the chairman of the Board of Trustees for African Girls Hope Foundation. He was a senior technical advisor for Girls Excellence Movement (a US Based Non-for-profit organization leading the effort in empowering girls across the globe.)

Ambassador Dr. Jacobs-Abbey was an Institute of Comparative Studies Fellow at University of Connecticut where he studied International Human Rights, Leadership and Conflict Resolution. He is a recipient of prestige Mahatma Gandhi Leadership Award for Social Good by Lanka Achievers Foundation, Sri Lanka aimed at honoring and popularizing the social good impact of thousands of individuals and organizations making social change impact

He is respected and known for his extensive charitable work and contributions to the community and over the course of his career, he has served on various commissions for promoting health and well-being, reducing poverty, promoting economic development, and reforming leadership.

Ambassador Dr. Samuel Jacobs-Abbey is a graduate of Donald R. Tapia School of Business at Saint Leo University where he obtained MBA in Healthcare Management and Business Analytics. He holds a PhD. in Health Services with a Special Concentration in Public Health Policy from College of Health Science, Walden University. He is a Harvard T. H Chan School of Public Health and Johns Hopkins Bloomberg School of Public health patient quality and safety trained.



CONGRATULATIONS TO OUR EXECUTIVE DIRECTOR, JAGILS, ESLM

Ambassador Dr. Samuel Jacobs-Abbey

On your appointment as Global Diplomatic Council special envoy to the United Nations and African Union. Yours has been a life well lived and the evidence of your sacrifices are the fruits you now enjoy.

Ayekooo!!!







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